

## **“The Buddha within You”’: a teaching on the Buddha’s nature by Ven. Khangser Rinpoche at Choe Khor Sum Ling Center, Bangalore, on July 12, 2009**

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Category: [Associations & Organizations](#)

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Buddha Nature literally corresponds to the Sanskrit, Buddha-ghatu – Buddha Element, Buddha principle. It is also translated as Tathagata-garbha or Sugatagarbha, meaning the pure radiant intrinsic nature present in all sentient beings.

The ultimate consciousness of each being is spotless and pure, but surrounded by negative tendencies which are impure. The impurities that taint the mind and entail the state of unenlightenment are completely adventitious. The qualities of the Buddha’s mind need not to be brought about but merely need to be allowed to shine forth. Because they are intrinsic to the very nature of consciousness itself they, and the very state of Buddhahood, will never cease.

The message the Indian prince Gautama Siddhartha brought from his Enlightenment is that each and every sentient being has the potential to bring the end to suffering and discover a lasting and deathless happiness and peace. Through practice each and every sentient being can become the Buddha, the Awakened One.

Khangser Rinpoche will elaborate on how to realize this potential within us through mind-training practice and meditation techniques.

Rinpoche is a renowned teacher from Sera Jey Monastic University, at the young age of 33 he is one of the foremost Buddhist scholars and practitioners of our time.

Schedule: Sunday, July 12, 2009

10:00 AM – 12:30 PM Teaching and Guided Meditation session

01:30 PM – 02:30 PM Teaching and Q & A

Venue:

Choe Khor Sum Ling Center, Ashwini, No. 24, 1st floor, 3rd Main St, Domlur Layout, Bangalore 560071

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Choe Khor Sum Ling Center is a Buddhist Meditation & Study Center for the study and practice of Mahayana Buddhism following the lineage and example of Lord Buddha. The Center was founded in 2003 by Lama Zopa Rinpoche at the request of His Holiness the XIV Dalai Lama. Courses on various aspects of the Buddhist philosophy and meditation techniques by highly accomplished teachers are offered for free.

For more information please visit [www.cksl.in](http://www.cksl.in).

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