

## **Decide Better! For a Better Life Nominated For The Boston Author's Club Julia Ward Howe Book Award**

Date: 04-27-2009 06:27 PM CET

Category: [Leisure, Entertainment, Miscellaneous](#)

Press release from: [Strategic Vision, LLC](#)

Agency: **Strategic Vision**

Dallas, TX/April 23, 2009 – Decide Better! For a Better Life (ISBN 978-1-935112-00-6, Motivation Publishing, 2008) by Michael E. McGrath, the first book in the Decide Better! decision series, has been nominated for the Boston Author's Club Julia Howe Book Award. The Boston Author's Club Julia Howe Book Award is considered one of the leading book awards in the publishing industry and honors authors living in or from the Boston area. Decide Better! For a Better Life is designed to assist individuals in making better decisions in their everyday lives and by that improve their daily lives. The book and its author, Michael E. McGrath have been featured on CNN International, FOX Business Network, ABC News Now, and are earning a following among readers worldwide. The Boston Author's Club Julia Howe Book Award was established to recognize and to honor the most exceptional books introduced to the mass market. The award began in 1900 and has honored such notable writers as Henry Cabot Lodge, Issac Asimov, and Winston Churchill.

"I am very honored to have been nominated for the Boston Author's Club Julia Howe Book Award," said Michael E. McGrath, author of Decide Better! For a Better Life. "When I first began writing Decide Better! For a Better Life, I did so with the idea that we all need to make better decisions in our daily lives. It was my hope that this book would help others with this and I am very pleased to see the strong following it has developed. The need for better decision making is now more critical than ever before and by understanding how to make better decisions, we will be able to make more meaningful and impactful decisions in our daily life."

Decide Better! For a Better Life provides 90 witty and practical lessons on decision-making. It is designed so that readers can pick it up and read one or two chapters at random throughout the book, then come back to it and read other chapters later. It is truly a guidebook for successful decision-making in everyday life.

About Michael E. McGrath and Decide Better!

Author, Michael E. McGrath is an experienced management consultant, business executive and visionary, entrepreneurial leader, author, and family man who has studied and applied decision-making for more than 25 years and been praised worldwide for his insightful and innovative approaches to decision making. McGrath is considered one of the world's foremost decision gurus. His insight on the decision making process is sought after by individuals, businesses, and associations. Decide Better! is the leading book series dedicated to improving your life through better decisions. In the Decide Better! book series, McGrath develops the processes for proper decision making. The books include Decide Better! For a Better Life, the newly released Decide Better! For College, and Business Decisions! How To Succeed In Today's Economy scheduled for a fall release. More books in the Decide Better! book series will be released in 2010. Additional information on Michael E. McGrath and Decide Better! may be obtained at [www.decidebetter.com](http://www.decidebetter.com).

###

A full service public relations company

Strategic Vision  
2451 Cumberland Pkwy.  
Suite 3607  
Atlanta, GA 30339  
David E. Johnson  
404-880-0098  
[djohnson@strategicvision.biz](mailto:djohnson@strategicvision.biz)

[You can find this press release here](#)