

## Men – The Gods of Love Named Silver Winner For The Nautilus Book Award

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Boca Raton, FL/May 9, 2008 – Men – The Gods of Love by Dr. David Eigen, (Hardback, ISBN 978-0-9797399-6-5, Gender Studies Institute, 2007) has been awarded the Silver Award Category for the Nautilus Book Award in the category of Relationship. The critically acclaimed, Men – The Gods of Love, is the culmination of 4 years of research and writing by Dr. Eigen and is designed to explore and debunk the myths and illusions that shape masculine energy and what men have become. The book is the first in a projected three book series with the following books dealing with women and relationship.

“I am honored to see Men – The Gods of Love recognized for this illustrious award that honors the issues addressed in this book,” said Dr. Eigen. “My intention in writing this book was to explore the truth about what a man truly is – he is a powerful, feeling, and loving being, whose strength is derived from his love, not his will. Further, he draws upon his thinking and feeling abilities in balance and with ease.”

Awarded yearly, the Nautilus Book Awards recognize and reward world-changing books, and celebrate how they contribute to positive social change, spiritual growth, conscious living, high-level wellness, and responsible leadership. Finalists are carefully selected in a unique three-tier judging process by an experienced team of book reviewers, librarians, authors, editors, book store owners, and leaders in the publishing industry.

Men – The Gods of Love, is designed to finally answer the age old debate of what makes a man who he is. It asks many tough questions including: “Does anyone really know what a man is, or are men just acting as they were told, mostly dictated by the patriarchal role models?” The book has received strong endorsements within the academic community.

Here are some of the universal questions that will be clearly asked and answered in the Men – The Gods of Love:

“ Why are men so focused on sex, yet have difficulty with closeness?

“ Are you partaking of an age-old quest, that of searching to find someone to heal you of your unhappiness?

“ Do you go from one task to another, one partner to another, or one goal to another, never feeling quite fulfilled?

“ Have you wondered how and why your relationships seem to lose their “magic,” only to be transformed into something seemingly hollow and unfulfilling?

“ I pretend to be the fearless hero, but inside I feel fear. What if I am seen as fearful?

“ I believe a woman wants a fearless man to feel protected. If my fear is seen, will I be rejected and left alone—abandoned.

“ I am sometimes sad, yet I am not allowed to feel it or show it by crying. What if this gets exposed?

“ Am I faulty because I cannot stop these feelings? I must not allow myself to think this!

“ I work to provide for others, yet I never feel fulfilled. This seems hopeless. Am I but a customer in this game called relationships?

“ I learned to disconnect from my feelings, to be the “man” for my woman. Now I am told I am heartless. What’s the use in trying?

“ What is the so-called "mid-life crisis" really about?

“ Why are men the way they are?

“ What are the Keys to Masculinity?

Dr. David Eigen holds a Ph.D. in Transpersonal Psychology, from Delphi University. Additionally, he is a clinical doctor of Ro-Hun™, past life regression therapist, and Advanced Clinical Hypnotherapist. He has appeared on CNN, CNN Headline News, The Christian Science Monitor, and other leading news outlets for his expertise drawn from Men – The Gods of Love.

Additional information on Dr. Eigen and Men – The Gods of Love may be obtained at [www.davideigen.com](http://www.davideigen.com).

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