

## Saving A Marriage May Even Be Possible With A Cheating Husband

Date: 01-27-2006 09:17 AM CET

Category: [Science & Education](#)

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According to Ruth Houston, acclaimed author, saving a marriage may be possible after infidelity if a few specific steps are taken.

Author of "Is He Cheating on You? - 829 Telltale Signs", Ruth Houston releases some very specific information regarding what steps should be taken to save a marriage after infidelity, specifically a cheating husband, although it may be applied to either gender. While infidelity occurs at an alarming rate, it may be possible to recover and repair a marriage after the damage has been done. See [www.savingamarriage1.com/articles/save-marriage.html](http://www.savingamarriage1.com/articles/save-marriage.html) for more information on this topic.

Houston suggests beginning the process with the verbalization that the other spouse is aware of what is happening. "Affairs thrive in secrecy," she says, "Sometimes just letting him know his infidelity has been exposed will be enough to make him stop." She also suggests taking a stand against the actions because not doing so will imply silent consent. On the other hand, verbalizing disapproval will make him otherwise aware.

It is also important to understand there are underlying issues to infidelity; they very rarely happen out of the blue. The root cause must be considered before there will be any hope of repairing the problem. Possible reasons may be sexual addiction, mid-life crisis, or dissatisfaction within the marriage. Try to find out what the problem really is.

Another important step is seeking professional help. According to Houston, this greatly improves the chances of the marriage surviving. Realistically analyzing the likelihood of success is also something that must be done. Can the marriage survive?

She also suggests seeking legal advice and preparing financially should the marriage dissolve and to prepare emotionally as well. While a marriage may survive infidelity, there is also a chance it may not. Preparation is an important step in this process.

For more information go to [www.savingamarriage1.com/articles/save-marriage.html](http://www.savingamarriage1.com/articles/save-marriage.html)

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