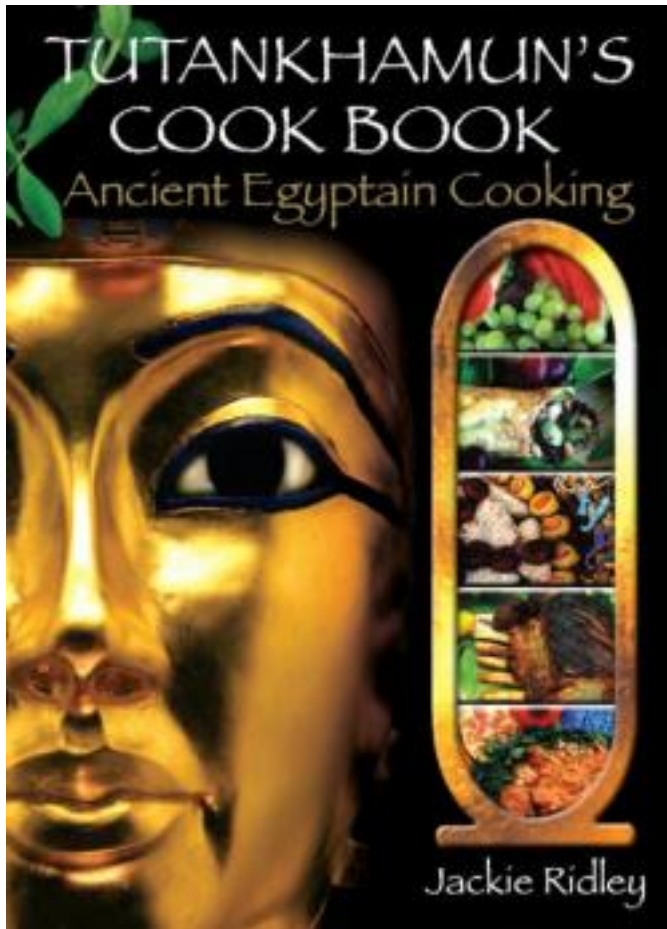


"Tutankhamun's Cook Book" - A Study on Ancient Egyptian Recipes

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Press release from: [World Heritage Books](#)



A new cook book featuring ancient Egyptian food recipes is released. "Tutankhamun's Cook Book" is a beautiful and delicious study of food history.

This unique book is bursting with ancient Egyptian and culinary treasures. "Tutankhamun's Cook Book" is the first of a new concept of popular and colourful cook books, "Cooking the Past", based on accurate historical evidence. Every page is alive with images of Tutankhamun that combine with fascinating dishes to tempt even the most conservative food lover.

The result of extensive research, Jackie Ridley has brought together a series of mouth-watering ancient Egyptian dishes, specially adapted for today. They are easy to cook and delicious and exotic to eat. Each is good on its own but can be prepared to form an exciting ancient Egyptian meal. A feast fit for a pharaoh!

"Tutankhamun's Cook Book" is a study of ancient Egyptian food, from earliest times until the Roman period. Although small in size the book is packed with facts, combining the author's knowledge of Egyptology with her passion for good food. It contains rare ancient Egyptian recipes and a research on the food history.

The Author

Jackie Ridley is a museum conservator by profession, who enjoys everything connected with cooking. At present she is Conservation Director of The Tutankhamun Exhibition. Jackie's books have been widely published and translated into a

number of languages.

Published by World Heritage Books. Tutankhamun's Cook Book is released to coincide with "Tutankhamun and the Golden Age of the Pharaohs" exhibition at the O2 Greenwich, 15th November – 31st August 2008.

Digital photographs are available on request.

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See also www.cookingthepast.com

World Heritage administers a range of exhibitions and museums of international stature. In addition World Heritage provides a specialised heritage consultancy including concept, feasibility and design of heritage based attractions; publishing, specialised heritage PR and photography and a comprehensive marketing service for visitor attractions.

[You can find this press release here](#)