

## Pathological sweating and the smell of sweat are still a taboo subject

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Press release from: [Dietmar Stattkus](#)



In many countries the subject hyperhidrosis is still treated as a taboo subject. However, there are a lot of therapeutic treatments available, which can be of help in different hyperhidrosis stages. These treatments depend on the kind and the intensity of the hyperhidrosis.

From the clinical point-of-view the orientation of the different therapies depends unquestionably on where the sweating is located, whether the sweating occurs in the hands, the feet, the forehead, the neck, the shoulders or at the entire body (generalized hyperhidrosis). According to the phenomena and the cause (psychical or physical) a systemic, a physical, a psychotherapeutic or as a last resort, a surgery can be considered.

The advisory manual “Help! I’m sweating” written by Dietmar Stattkus provides information on hyperhidrosis regarding these phenomena, the causes and the different kind of therapies available. This advisory manual explains the hyperhidrosis as well as the smell when sweating. The book interacts with the information provided on the author’s website at [www.sweating-help.com](http://www.sweating-help.com).

Before a person decides to follow through with the appropriate treatment he/she should definitely collect information regarding the treatments as well as the illness. The rule should be: first collect information then surgery!

Further Information:

[www.sweating-help.com](http://www.sweating-help.com)

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- 1st English Edition Help! I'm sweating!, BoD Norderstedt 2006, ISBN 978-3833441509  
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