

The Healing Code is telling us “memories” are what’s causing human illness and Disease

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Dr. Lipton’s (author The Biology of Belief) research concludes that the energy frequency of fear and wrong beliefs will cause the nervous system to go into “fight or flight.” Every wrong belief is an interpretation of fear pictures. The purpose of www.the-healingcodes.com is to remove negative energy from unhealed pictures, and to reduce or completely eliminate stress in the body.

The autonomic nervous system is the body’s control center for stress. When the HPA-axis (Hypothalamus Pituitary Adrenal) is stimulated, the autonomic nervous system activates the “fight or flight” mechanism and shifts cells from growth mode to self-protection. The response is immediate, mobilizing the body’s resources for immediate physical activity. The alarm/stress reaction brings huge amounts of glucose and oxygen to the organs most active in warding off danger. This results in increased circulation, and a decrease in non-essential activities. During the alarm/stress reaction, immune, digestive, cardiovascular, neurological, and reproductive activities are inhibited. When the threat is over, the body automatically shifts your cells back into growth mode.

When the hypothalamus in the brain senses the energy frequency of fear, it activates the body’s emergency response system and sends a signal to the pituitary, or master gland, that there is an emergency. The pituitary then sends a signal to the adrenal glands, which send out the adrenal hormone that puts the entire body into “fight or flight” mode.

“Fight or flight” is healthy when it allows the body to react to avoid a dangerous situation, and then returns to rest. It is not healthy however, for the body to activate “fight or flight” when the phone rings and then remain in that state chronically. When the body is chronically in a “fight or flight” place, healing resources are diverted from the major organs, the immune system, and higher neurological functioning. If the body stays in this state for an extended period, illness, disease, and disorder are likely to follow.

The above process that activates “fight or flight” can lead to a health crisis—one cell at a time.

Dr. Lipton proved that every cell is either in growth mode or self-protection mode at any given time. A cell in growth mode is healthy and impervious to disease. A cell in self-protect mode is closed to needed resources of the body and is vulnerable to dysfunction and disease.

Cells switch from growth to self-protect mode when the HPA axis (fight or flight) is activated. The HPA axis is wrongfully activated by the mistaken perception of danger. A destructive picture leading to a wrong belief always causes this mistaken perception of danger.

Unhealed pictures are what block us from this life. www.the-healingcodes.com techniques help heal the unhealed pictures that block abundant life.

For More Information Contact: www.The-HealingCodes.com for more insights into this topic. Email: TheHealingCodes@yahoo.com

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