

## Walking or biking expeditions in the wonderful Alpine world of Zell am See and Kaprun

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Agency: **knoefler-journalist | media and communications**



Hiking, walking, or biking: the unique natural countryside of the 'Europa-Sportregion Zell am See-Kaprun' is exactly the right place to be thoroughly explored on foot or by bike. Whether the emphasis is on adventure, sports, or relaxation is for everyone to decide for themselves. On Kitzsteinhorn and Schmittenhöhe, visitors can choose from a great number of different routes. And with the help of one of the region's experienced guides, you'll always be on the safe side when planning a tour.

In Zell am See-Kaprun, there are dozens of opportunities for moving over hill and dale on foot. You can walk across Schmittenhöhe during a 'musical walk' and sing along to the tunes of the band, or join a 'botanic walk' to experience the flora from a totally new angle. People who do not care for carrying their own rucksack can explore the mountains in the company of some animal Sherpas. The mountain reservoirs of Kaprun are also a very special place for an outing. Europe's biggest open inclined elevator takes you up into the high mountain region safely and in an environment-friendly way. Once there, you can watch for yourself when water generates clean energy.

You will feel quite on the go at 'Nordic hill walking' or an 'intensive mountain walk'. When you move uphill early in the morning here, your surplus weight will simply tumble off. The mountain walk leads you from Kitzsteinhorn across Maiskogel and is ideally suitable for ambitious walkers. At 'hill walking', the gorgeous views of the unique mountain landscape of the region will urge you on to new records.

1,200 very varied kilometres of paths in the 'Europa-Sportregion' invite bikers for a cheerful ride. Culinary rewards lie in wait everywhere along the way - the inns and cafés of the region take good care of that. The 'Tauernradweg' biking path with its 325 kilometres of length offers a special challenge for all lovers of biking. On the way from Krimml to Passau, lots of sights like waterfalls, deep gorges, and ice caves are waiting for discovery.

And all those who are not satisfied with just 'faster' and 'farther' can try a taste of 'higher' as well. When riding along the Grossglockner Alpine road, you will come to your destination at the airy height of 3,798 metres. Austria's highest mountain is 'heavy-going' even for real biking pros. But Europe's most famous Alpine panorama road rewards your efforts with a view of one of the most gorgeous natural landscapes in the world. You have not had enough training for that? Never mind - you won't have to miss out on the experience. You can conquer the road by bus or in your own car, too!

All the interesting details about the 'Europa-Sportregion Zell am See-Kaprun' are also online at [www.europasportregion.info](http://www.europasportregion.info).

General Information:

With its 14,000 beds and two million overnight stays a year, the 'Europa-Sportregion Zell am See-Kaprun' is one of the most important holiday regions in Austria. At any time of the year, the region offers its guests a very varied range of holiday choices. During the summer months it convinces with ideal conditions for all kinds of sports - from golf or walking to biking to water sports. Its special highlight: you can always ski on finest powder snow here - even in warm weather. It is the glacier of Kitzsteinhorn situated at an altitude of 3,000 metres that makes this possible. Visitors of the 'Europa-Sportregion' can quickly and easily reach day-trip destinations like Mount Grossglockner, the mountain reservoirs of Kaprun, or the City of Salzburg where Mozart was born. Moreover, Zell am See-Kaprun offers its guests a unique mixture of events - from great concerts to first-class sports events.

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