

Home Gym Mistakes.com Saves Home Gym Shoppers From Making Costly Mistakes

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Beverly Hills, California - The home fitness consumers days of being misled, taken advantage of, and having home gym equipment collect dust in the corner are finally over as Beverly Hills Trainer, Jim O'Connor, fights back against the dishonest home gym sales industry by revealing his never told 8 Most Costly Home Gym Mistakes You Must Avoid.

The mistakes he shares in his FREE, special report, 16 page PDF ebook are crucial for consumers to understand before investing in any home fitness equipment. Since Mr. O'Connor is fed up with home gym equipment salespeople for just selling hunks of metal instead of health and fitness solutions, he decided to spread the word to as many people as possible by offering his special report at no cost to consumers. Mr. O'Connor said, "I want to get this consumer protection guide into the hands of every home gym equipment shopper, and further encourage them to pass it onto friends and family who will also benefit."

By listing the 8 most costly home gym mistakes, and special tips for avoiding them, the pendulum has swung from the salespersons advantage to the consumers. The days of consumers making poor home gym equipment investments are over. O'Connor says, "All you have to do is avoid these 8 costly home gym mistakes and your chances of buying the correct piece of home fitness equipment quadruple, as does your home fitness results."

Mr. O'Connor, after seeing so many people make such costly home gym buying and user mistakes, decided to release his home gym consumer protection guide at the end of December to help save millions of New Years Resolution, home fitness enthusiasts from costly headaches, poor investments, and frustration from lack of fitness results.

In order to receive a copy of the 8 Most Costly Home Gym Mistakes You Must Avoid, all that is required is a first name and an email address which grants special, instant download access. Consumers should log onto www.HomeGymMistakes.com and listen to the audio for specific instructions on how to get a free PDF copy of the report.

Mr. O'Connor states, "It's all about home fitness results. The keys to reaching fitness goals are Investing in the proper tools, powered by the correct home fitness program, and being consistent ."

However, the first step is to download this special report ebook, and learn how to avoid these 8 costly home gym mistakes. Outstanding home fitness results will quickly follow.

For additional information regarding this topic, feel free to contact www.HomeGymMistakes.com, or call toll free 1-866-935-5967.

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