

Property abroad good for your Health. Emigration is the perfect Diet

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From 17 stone to 12 stone in record time! Was it drugs or a miracle diet? Could it be an ancient Japanese health remedy? Maybe it was something as simple as an investment in a property abroad?

At the age of 55 Richard Ellis finally took the plunge and done something that he and his wife Veronica have considered for years. In an exclusive interview with the Team at D2rworldwide from the terrace of their new Mediterranean property abroad on the Costa Blanca, they look back on 2005 with fond memories.

As Richard holds up his old trousers and shows photos of himself at the beginning of the year weighing in at a cool 17 stone, its hard to believe that it's the same person. He explained how this dramatic U-turn has completely changed their life for the better.

"I've had a weight problem for years, as a long distance haulage driver. I can't exactly say my diet was a healthy one. Heavy smoking, weekend binge drinking and no exercise I'm surprised I'm here at all! I have tried all types of diets but with the stress of day to day life and constant traffic jams, the temptation for a pit stop and a good old fry up has always been too irresistible!" Richard said laughingly.

"We have always dreamt of a property abroad, living a different more relaxed Spanish lifestyle. With just one year to go on our mortgage we decided why wait, let's do it now! The minute we made that decision the Kilos just started falling off! No more feeling lethargic just non stop days full of energy. We sold our house at the end of January and with the help of www.d2rworldwide.com we started searching for our property abroad. By the end of April we were signing for our property on the Costa Blanca in Spain and already looking at furnishings. We have to say the service that the team at D2rworldwide provided was exceptional.

The Ellis's haven't finished decorating their villa yet but instead of roadside snacks between traffic jams it's beach side walks and snacks in fresh fish restaurants whilst shopping for a new wardrobe for Richard .

The team at www.d2rworldwide.com are thinking of bottling the service they provide and selling it as health product with a picture of Richard's old baggy trousers on the label.

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