

# Emotional Management Training Improves Workplace Efficiency and Production

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Companies that provide EFT emotional management training for employees are discovering immediate benefits. Improved morale, reduced stress, and other emotional improvements contribute to greater productivity.

Cambridge, UK -- What would be the benefit to an employer if emotional stress in the workplace could be eliminated?

David Childerley, a personal coach who teaches the skills of Emotional Freedom Techniques (EFT) for emotional management, says that companies are discovering many problems can be solved with EFT. The result is a more harmonious, and productive workplace environment.

"How many hours are lost each year due to stress-related illness? How many accidents related to stress? What if employees had the tools to manage emotional stress before it got out of hand? What if people were able to deal with these emotional reactions as they occurred, modify their response to emotional triggers, clear the negative effects of, for example, talking with an angry customer, and negotiate such situations from a position of calm," asked Childerley.

The techniques taught by Childerley are reported to do more than just create happy employees. It has been reported that salespeople and managers are no longer held back by fear, indecision, or even procrastination and "call reluctance." The fear of change, or fear of failure are no longer influencing decisions for people who have received EFT training from Childerley.

"Managers and CEO's benefit too. They drive the future vision of their company and are no longer driven more by fear of failure than by the desire to succeed. EFT performance coaching explores new understandings in the field of performance psychology. This energy empowerment therapy has been proven to dramatically improve performance," said Childerley.

Childerley is a qualified AAMET EFT practitioner with more than 10 years of personal coaching experience. He describes the techniques of EFT emotional training on his web site [www.DavidChilderley.com](http://www.DavidChilderley.com), which have been shown to enable workers to attain their peak performance and attain new levels of excellence, almost immediately.

"Employees learn this technique so quickly that employers can gain immediate evidence, because see employees advance systematically to an increasingly higher energy to achieve peak performance in all areas of business activities. Whether it's a stronger focus, more confidence, the drive to get extra performance and more energy, this extraordinary technique will empower you from within," said Childerley.

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About David Childerley:

David Childerley has been delivering personal performance coaching for over ten years. He is a qualified AAMET EFT practitioner who has developed a unique coaching program full of techniques that transform people's lives quickly, regardless of the emotional challenge.

[You can find this press release here](#)