

Dust Mite Feces In Your Carpets, Furniture And Mattresses Can Affect Your Family's Health

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What Can You Do To Control Them

There is a surface in your home that is infested with these ugly little creatures. Every home has them. They are called dust mites. Don't try looking for them—they're too little to see. But you know they exist.

A dust mite will produce 20 to 100 fecal pellets per day. A female dust mite will also lay 100 eggs during its approximately ten-week lifetime, with a new generation being produced about every three weeks.

Itchy, watering eyes, a runny nose, a cold or flu that seems to last forever, sneezing fits —

These are all symptoms that are aggravated by the presence of dust mites, their feces and skeletons.

The surface they live on is an ideal breeding ground since it's also home to all the things the mite loves. Bacteria, allergens, dirt, oil, skin and hair follicles all combine to create Mite Haven!

You and your family come in contact with this surface everyday.

The surface we're talking about are your carpets, furniture, and mattresses.

Does vacuuming clean the pollutants out of your carpet?

NO! Most vacuum cleaner bags are unable to trap dust mites and other bacteria. These pollutants are so small they are ejected from the vacuum bag back into the air you breathe. Vacuuming can actually aggravate the problem.

If vacuuming is not the answer, what is?

You can control the level of bacteria, allergens, and dust mites in your home by having your carpets professionally cleaned and treated on a regular schedule. Experts recommend cleaning your carpet every six to nine months.

After cleaning, Allergy Relief Cleaning Services at www.allergyreliefcleaning.com applies Allergy Relief Treatment which changes the shape of allergen proteins, making them unrecognizable to the body, which prevents them from causing an allergic reaction. When the carpets and mattresses in the bedrooms are cleaned and treated, the allergy treatment will provide a noticeable improvement in allergy symptoms within 3 days or the money for the application will be refunded.

Tips for less severe reactions to animal dander:

1. Keep your pet out of the house, and in particular, out of the bedroom.
2. Keep pets off furniture, especially upholstered furniture where animal dander can be transferred.
3. Use a room air purifier, in the bedroom to remove airborne animal dander.
4. Always wear a 3 M mask and protective gloves when grooming your pet.
5. Bathe your pet weekly with an allergy shampoo and conditioner, which removes pet dander.
6. Remove clothing worn after grooming or playing with pets. Keep the clothing, now full of animal dander, out of the

bedroom. Wash clothing with hot water at 130 degrees.

7. Always wash your face, hands and arms after grooming or playing with pets to remove animal dander.

Allergy Relief Cleaning Services provides carpet, furniture, mattress cleaning. If you suffer from indoor allergens such as dust mite feces, or pet allergens we can be of service to you. Our web site at www.allergyreliefcleaning.com has detailed information regarding our services. We are located in Ontario, Canada. We serve Toronto, Burlington, Georgetown, Hamilton, Markham, Richmond Hill, Thornhill, and surrounding areas.

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